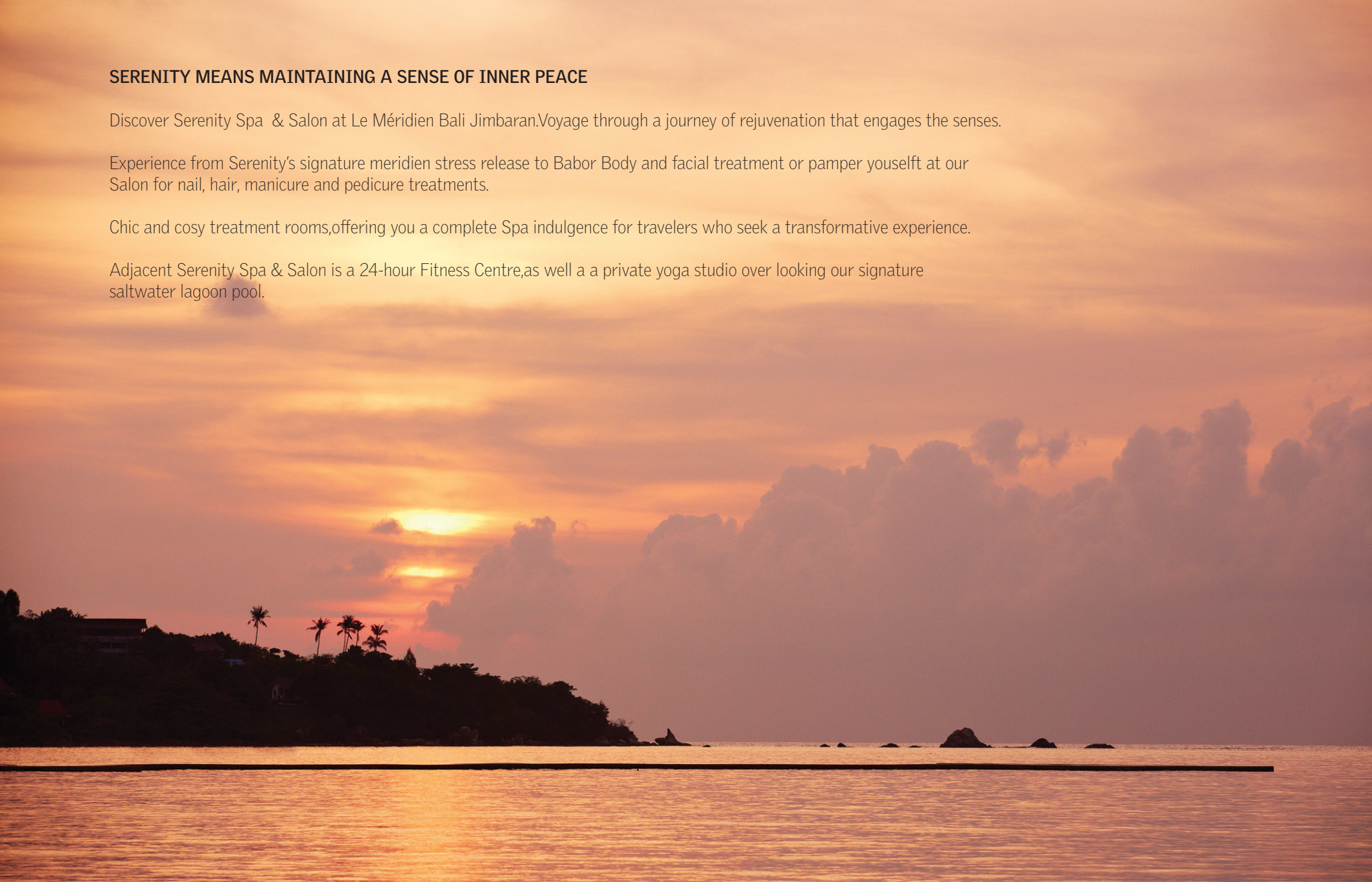


SERENITY

SPA & SALON



SERENITY MEANS MAINTAINING A SENSE OF INNER PEACE

Discover Serenity Spa & Salon at Le Méridien Bali Jimbaran.Voyage through a journey of rejuvenation that engages the senses.

Experience from Serenity's signature meridian stress release to Babor Body and facial treatment or pamper yourself at our Salon for nail, hair, manicure and pedicure treatments.

Chic and cosy treatment rooms,offering you a complete Spa indulgence for travelers who seek a transformative experience.

Adjacent Serenity Spa & Salon is a 24-hour Fitness Centre,as well a a private yoga studio over looking our signature saltwater lagoon pool.

To make a Spa appointment,simply dial +62 361 8466 888 or dial '0' from your guest room.

TAKE YOUR TIME

At Serenity Spa & Salon, your journey of discovery starts with a welcome ritual of presenting your our signature herbal tea and getting to know you better. We recommend arriving 15 minutes earlier prior to the beginning of your treatment.

Serenity Spa & Salon is a sanctuary of relaxation for all travelers and guest. We request any mobile devices to be set silent or vibrating mode prior to entering our areas. Kindly inform our team, should you have any health conditions, past injuries or any allergies.

REFRESH

A quick warm shower just prior to your treatment will aid relaxation and wash off any salts, minerals, or chemicals that could clog pores when mixed with oils or other treatment products.

CANCELLATION POLICY

We require 24-hour in advance notice for any treatment cancellation or change of time.Arriving late may require us shorten the time of your treatment and full charge will apply.

TREATMENT ATTIRE

It's usually customary to wear just bathrobe that we will provide prior to your treatment.You will be given an opportunity to disrobe and cover yourself in privacy prior to our therapist entering the room. Througout the treatment, your body will be draped with comfortable linen. At no time during your treatment you will be exposed. We will also provide disposable panties for your added privacy and convenience.

COMMUNICATION

Communication is key to enjoy the full benefits of Serenity Spa & Salon. Do share with our therapist how you feel at any time during the treatment. Prior to the beginning of your service, please inform our therapist the areas you would like to focus on and any areas to be avoided. During your treatment, please inform our therapist immediately should you experience any discomfort.

GRATUITIES

Gratuities are solely at your discretion, contact our Spa associates should you require assistance with gratuities guidelines.

GIFT CERTIFICATES

Share the gift of indulgence to your beloved family or friends. Allow them to enjoy the benefits and glow experiece of Sereny Spa & Salon. Gift certificates are perfect for any occasion from individual treatments, to Spa or bridal packages or predetermined denominations.

Please note that all prices are quoted in Indonesia Rupiah (IDR) and are net price (include 21% tax and service charge).



SERENITY PACKAGE

DISCOVER HARMONY

150 minutes **IDR 1,700,000**

Experience the pleasure of an exotic body cleanse based on the healing methods Elemis Exotic Lime and Ginger Salt Glow, followed by a relaxing Meridian Stress Release Massage and conclude with a Elemis facial to leave the body feeling radiant and fully relaxed.

DISCOVER BALANCE FOR MEN

150 minutes **IDR 1,700,000**

Created especially for men, Discovery experience begins with Elemis Exotic Lime and Ginger Salt Glow followed by a Warm Stone Massage and completed by Elemis Time for Men Facial to care and give a special touch to the skin.

PARADISE REJUVENATION

120 minutes **IDR 1,500,000**

Relish our paradise indulgent journey with a combination of Green Tea Massage followed by Elemis Lime and Ginger Salt Glow to deeply cleaned your skin. Completed by Elemis Refresher Facial for more radiant skin, resulting the blissful relaxation with nourished and luminous skin.

PURITY AND RADIANCE

120 minutes **IDR 1,400,000**

Detoxifying package for stress and exhaustion remedy. Washes away impurities and detoxifies the skin cells. Clay mask, water, and minerals are infused to hydrate, to leave your skin smooth, clean and shiny. Elemis Exotic Frangipani Nourish Body Wrap combined with Elemis Exotic Moisture Dew Facial, for ultimate relaxation which awakens your inner self.

SERENITY GLOW

90 minutes **IDR 980,000**

Experience the perfect Serenity treatment duo, a sensational massage combined with Elemis Taster Facial. Choose from the selection of Serenity Body massages, then you will be treated to an intensive taster facial, this package treatments designed to relax your senses and restore youthful radiance.

Please inquire to our spa receptionist for SPG Instant Award redemption.



SIGNATURE TREATMENTS

MERIDIAN STRESS RELEASE MASSAGE

60 minutes	IDR 650,000
90 minutes	IDR 850,000

Stimulate the meridian lines with thorough thumb rolling pressures on the spinal and reflex pressure points. Herbal salt packs are used to amplify the massage in releasing stress built up along the shoulders and lower back. This package is the perfect solution to recover after a long day or workout.

COMBINASIAN MASSAGE

60 minutes	IDR 650,000
90 minutes	IDR 850,000

Treatment exclusively designed for men who are always on-the-go. The combined Shiatsu Reflex and Thai techniques address deep muscle tension and provide an instant boost to sluggish energy levels.

ORGANIC FRUIT FACIAL

60 minutes	IDR 500,000
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In the beauty world, organic and fresh fruit packs work wonders for the well-being of your body and the beautiful skin. Rich sources of essential nutrients, antioxidants, minerals and vitamins, this fruit facial will create a powerful combo to bring back a youthful glow, tighten up the pores and leave the skin with an amazing glow.

Please inquire to our spa receptionist for SPG Instant Award redemption.



MASSAGES

WARM STONE MASSAGE

90 minutes **IDR 950,000**

Heated black basalt stones are used to massage the whole body releasing tension. Ideal for anyone suffering from muscular aches and pains as this treatment is designed to work on the body's energy channels. Working on relieving stress at the deepest level, this intensive treatment is a holistic and energizing therapy for mind, body and soul.

GREEN TEA SCRUB MASSAGE

60 minutes **IDR 500,000**

Sumptuously rich with antioxidants, the combination of green tea massage, a perfect elixir for your good health, and dry green tea leaves will exfoliate the dead skin cells and pollutants that will make your skin soft, smooth and flawless.

INDIAN HEAD MASSAGE

45 minutes **IDR 480,000**

In champissage, the head, neck and face are massaged to reinvigorate energy channels and to improve balance energy flow and circulation.

SUPERCARGE BACK AND FOOT

45 minutes **IDR 480,000**

Unravel tangled muscles and release blocked systems from the most stressed areas of the body. This can be enjoyed fully dressed or with our signature Body Oil.

EXPRESS HAND OR FOOT MAPPING

30 minutes **IDR 370,000**

Relief for your organs and glands with the Ingham Method that focuses on the zones and lines of your hands and feet.

Please inquire to our spa receptionist for SPG Instant Award redemption.



ELEMIS

ELEMIS SPA MENU

Elemis has over 25 years' experience in treating both men and women in the professional spa environment. Each spa-therapy has been developed by a specialised team, headed by Noella Gabriel, using extensive clinical and scientific studies to ensure every therapy shows real results. Designed to respect the body's complex physiology, Elemis spa-therapies work in natural synergy with the skin, body and mind. Every treatment is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives available in the world today. Dynamic ingredients, medical grade formulas and dedicated research are all combined to provide a range of spa-therapies that offer scientific solutions to every skin, body or lifestyle concern. Renew your complexion. Experience the ultimate Elemis therapy.

ELEMIS BODY TREATMENTS

EXOTIC LIME AND GINGER SALT GLOW SCRUB

60 minutes

IDR 950,000

Feel your senses lifted and your body invigorated by the sublime Exotic Lime and Ginger Salt Glow infused with skin enriching Japanese Camellia Oil Blend. After light body brushing, warm oil is drizzled luxuriously over the body. Skin is deeply cleansed, leaving it silky-smooth and glowing. All treatments include a relaxing foot massage or a de-stressing pressure point face and scalp massage.
Recommended: 1 treatment every 3 weeks.

EXOTIC FRANGIPANI WRAP & LIME GINGER SALT GLOW SCRUB

90 minutes

IDR 1,200,000

Drift away whilst you are cocooned in a comforting foil wrap or resting weightless in the unique dry float after skin deeply cleansed by the sublime Exotic Lime and Ginger Salt Glow. This treatment includes a relaxing foot massage, Aromatic Tahitian Coconut and Frangipani flowers are soaked together to produce monoi, which is poured all over your body and then cocooned in a nourishing foil wrap or dry float. Skin is moisturised for immediate softness, suppleness and radiance.
Recommended: 1 treatment every 3 weeks.

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ELEMIS

ELEMIS FACIAL TREATMENTS

PRO-COLLAGEN QUARTZ LIFT FACIAL

75 minutes **IDR 1,200,000**

Anti-wrinkle facial with proven results

Clinically proven to reduce the number of wrinkles by up to 94% and improve skin firmness by up to 57% after just 1 treatment*. Specialised lifting massage, combined with proven marine extract, Padina Pavonica, helps re-energise cell communication and rejuvenate skin.

Recommended: 1 treatment every 3 weeks – course of 6.

*Independent Clinical Trials 2007

EXOTIC MOISTURE DEW FACIAL

60 minutes **IDR 900,000**

Treat your skin to a moisture boost. Customised to your skin type, this facial combines skin conditioning plant actives, a prescribed mask and unique eastern facial massage techniques. Your face is deeply cleansed to help renew radiance, nourish and balance skin. Following a specialist facial massage, the skin is fed with thirst-quenching actives that will bring back that healthy, dewy look to the skin.

Recommended: 1 treatment every 2 weeks.

ADVANCED ANTI-AGING FACIAL FOR MEN

Skin IQ+ Facial

75 minutes **IDR 1,200,000**

The ultimate skin overhaul for maximum anti-aging results. Charged with clinically proven Time Defence Wrinkle Delay and Eye Reviver, this treatment is tailored to help combat the effects of a hectic lifestyle and environmental stressors.

Recommended: 1 treatment every 3 weeks.

Please inquire to our spa receptionist for SPG Instant Award redemption.



SERENITY SALON

Natural Hair Bath	IDR 300,000
Hair Spa	IDR 420,000
Wash and Blow Dry Short	IDR 280,000
Wash and Blow Dry Medium	IDR 325,000
Wash and Blow Dry Long	IDR 380,000
Hair Cut Short*	IDR 240,000
Hair Cut Medium*	IDR 325,000
Hair Cut Long*	IDR 420,000
Hair Styling Short*	IDR 420,000
Hair Styling Medium*	IDR 550,000
Hair Styling Long*	IDR 670,000
Hair Do*	IDR 840,000

*Advance booking is required

Please inquire to our spa receptionist for SPG Instant Award redemption.



HAND AND NAIL

CLASSIC MANICURE/ PEDICURE

60 minutes

IDR 270,000

Pamper your hands or toes with this classic nail treatment and nail polish application.

SERENITY MANICURE/ PEDICURE

90 minutes

IDR 330,000

A complete manicure or pedicure treatment with hand and foot scrub to exfoliate and soothe the skin.

CUT AND FILE

30 minutes

IDR 270,000

Essential grooming for the nails is done along with simple pampering for working hands and feet.

NAIL POLISH

IDR 270,000

NAIL ART

IDR 270,000

NAIL GEL

IDR 500,000

Please inquire to our spa receptionist for SPG Instant Award redemption.

SPA CUISINE

Indulge yourself after treatments with healthy and light spa cuisine.

Larb gai, chicken mince, fresh coconut, galangal, fish sauce, chilli, coriander, iceberg letuce	IDR 90,000
California roll, white prawn, romania salad, cucumber, avocado, nori, tobiko, 1000 island sauce	IDR 90,000
Caponata, sweet and sour sunny vegetables stew with pine nuts and white raisins, herbs	IDR 90,000
Caprese salad, buffalo tomato, mozzarella, basil, balsamic and xeres dressing	IDR 120,000
Steam fish and vegetable pot, ponzu and sesame oil dressing	IDR 150,000

SPA DRINKS

Discover our blend of organic product,perfect to complete your Spa journey for only IDR.45.000 per glass.

GREEN CLEAN

Celery stalk, baby spinach, green apple

ABC

Green apple, beetroot, carrot

RISE & SHINE

Ginger, carrot, green apple

MELON MEDLEY

Watermelon, melon, cantaloupe

SUPER SKIN

Orange, cucumber, ginger

*All juices are purely fresh (extracted or squeezed)

SERENITY SPA AND SALON OPENS DAILY,
FROM 10:00 TO 22:00

All prices are nett (include 21% Tax and Service)

Starpoints are for redemption only, please inquire to our spa receptionist for SPG Instant Awards.

RESERVATIONS

To ensure that your preferred treatment or therapist is available, we invite you to schedule your appointment well in advance.

Spontaneous booking (day-of service/ walk-ins) are always welcomed and will be accommodated based on availability.

All reservations must be secured with major credit card and telephone number.

Le MERIDIEN
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